

NOVEMBER IS DIABETES AWARENESS MONTH



Test your risk for type 2 diabetes

Do you carry a few extra pounds?

Do you have high blood pressure?

Does anyone in your family have diabetes?

Are you of Indigenous, Asian, Hispanic or African descent?

If you answered “yes” to any of these questions, you could be at greater risk for developing type 2 diabetes. Find out your risk at diabetestest.ca by taking a two-minute test. Take action now, and you could potentially prevent type 2 diabetes. This year, Sun Life Financial will donate \$3 for every test taken.